

**Miller Family Dentistry
Christopher Scott Miller DDS**

Denture/Partial Post-Op Instructions

· **Sore Spots**

“Sore spots” are very common after placement of new denture(s) or partial(s). These areas can be relieved during your next appointment. Please let us know if there are any “sore spots” so that we can make the adjustment period to your new teeth more comfortable and achieve the best treatment results.

· **Chewing**

Your new bite may not feel completely comfortable for several weeks. We can adjust the contacting surfaces of your teeth after they have settled into place. This will make your bite feel more comfortable.

· **Cleaning Dentures/Partials and Your Mouth**

Your denture or partial can be cleaned easily by using a denture brush and a mild toothpaste. Make sure to brush **all surfaces** thoroughly. Before brushing, fill your sink with water to cushion dropped teeth.

Daily mechanical removal of plaque and food debris by brushing is very important for the health of your oral tissues and maintenance of your new teeth. Periodic denture soaks (s/a Polident/Efferdent) are also useful but should only be used in conjunction with thorough brushing. **Make sure that partials are soaked in solution marked specifically for use with partials.**

We recommend leaving your partial or denture out of your mouth at night and soaking in water.

Dentures/Partials: Brush your gums with a regular toothbrush once per day to stimulate and clean them.

Partials: Use special care to clean parts of the partial that contact any natural teeth. Both the partial and the natural teeth must be kept very clean on a daily basis to reduce the occurrence of dental decay.

We have done our best to provide you with well-fitted, functional, and esthetic denture(s)/partial(s). We feel confident that after a few weeks of becoming adjusted to your new teeth, you will have years of satisfaction from them. Over time, your jawbone and gums shrink when there are teeth missing. When this occurs, your denture or partial will feel loose and may require relining. Wearing ill-fitting dentures or partials for too long without refitting can cause severe bone loss and very serious oral disease. Please call our office if these symptoms occur.

We look forward to helping you adjust to and enjoy your new teeth..

